



Faculty of Paramedical

Skill Development Program in a Basic Course in Health Care

COURSE DETAILS	NAME COURSE	DURATION	TEACHING HOURS	EXAM		STUDY LEVEL	COURSE CONTENTS
				T	P		
Short term Certificate Course	A Basic course in Health Care	30 Day's	30 hrs 30T	1	0	Starter / Basic Level	Introduction to Basic concepts

COURSE OBJECTIVE:

1. Introduce different Disciplines of Basic First aid manual Science & Trained them in applied area of first aid manual examination for various types of evidence.
1. To provide add on skill in first aid manual course.
2. By the end of the course person should be able to
Learn how to assess a victim during a medical emergency to determine what care is needed.
Learn how to prevent medical emergencies from occurring.
Knowledge all of the steps that need to be taken prior to delivering care during a medical emergency.
3. Learn the normal functions of the human body to know when the body is not functioning properly.
4. Learn how to manage breathing emergencies in adult, child, and infant victims.
5. Understand the importance of the recovery position and the need to modify it for a small space.

Syllabus Content:

1. Basic human body functions
2. Understanding a patient's needs
3. Caring for the visually impaired
4. Living well with low vision
5. Daily care of a patient
6. Feeding a patient
7. Basic nursing skills
8. Understanding body mechanism



9. Fall prevention care and restraints
10. Communication with patients and their careers
11. General health & hygiene
12. Special skin care for pressure sores (Hospital & Home care)
13. Role of a patient care assistant
14. Bathing a patient
15. Administering drugs as per prescriptions
16. Disposal of medical waste
17. Patient handling, lifting, and moving patients (at home & public places)

18. Emergency first aid
19. Psychological support for ill patients and their care takers
20. Role of diet for ill patients